

Global Green House Effect: House Filters, Kitchen Chimneys and Purifiers

Delhi is the most polluted city in the world. According to health statistics world is facing two main problems i.e., environmental pollution (including social viz., rapes, murders, atrocities, dacoities, indifferent attitudes etc., especially in India) & terrorism. Terrorism is one of the mental "pathologies" to be discussed by Medico legal specialist and not here. Environmental pathology is coming up day by day of Air, water and food causing infections, allergies and cancers. Domestic pollution due to kitchen work etc., is more hazardous than industrial pollution. Dengue fever is another problem this season has affected not only Delhi & NCR but also many other states affecting more than 12000 cases (first time in 19 years) with approximately 50 deaths as official reports say. Also swine flu with two deaths, malaria, typhoid and hepatitis A&B again raised their news. People are getting selfish, money minded, including medical professionals and slow life style due to sedentary life style and facilities-another factor resulting in pathological condition like diabetes, hypertension & heart diseases.

Increasing traffic not only polluting atmosphere but causes roadside Jams and accidents with traumatic pathology.

Pollution of air requires green belt areas, better ventilation and even some electronics air purifiers in homes like air conditioner and heater.

Patients who are serious and at terminal stage of multi-organ failures, put on ventilation in ICU and CCU, develop more morphological and pathological changes in various tissues as more time is given for them to develop these changes, gross and microscopic.

Along with Dengue viral URI infections are also seen in this seasons especially in crowded places e.g., Acute Pneumonia with acute pleural effusion unlike tubercular pleural effusion. Repeated viral URI fever develop in same person in same season due to probably different viral strains and also fluctuating body immunity. Also smoking induced air pollution and pathological conditions by it should be looked after by the government agencies, NGOs and by individuals.

Other news cropping by surveys say on drug addiction not only of addictive drugs, alcohol etc., but also by unusual chemical e.g., sticking material etc. this life threatening addiction is not limited to laymen and criminals but it has crept even in young medical students.

Recently the writer saw an advertisement in a certain daily news paper of breast cancer awareness in females by physical examination and by doctors- early discovery, full recovery (the writer also published two cases of minimal breast cancer of less than 0.5 cm in two females school teachers by FNAC and they were cured completely by radical surgery and Histopathological confirmation.

Rapes of females especially in Delhi & NCR even of toddlers and 4 to 6 year girls are another type of psycho somatic pathology and should be tackled by all accordingly.

Nursing home and diagnostic lab should be discouraged monetary benefits, commissions, competition etc., but cooperation with colleagues, patient and society.

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